

August 2024

H.R. JEFFIERES JR HIGH

Monday

Tuesday

Wednesday

Thursday

Friday

Did you know?

August is named after Augustus Caesar, founder and the first emperor of the Roman Empire, who was posthumously adopted by his maternal great-uncle Gaius Julius Caesar. In the early Roman calendar, August was actually the sixth month of the year. It was originally 30 days in length, but an extra day was added so that it would equal the number of days in July, which was named after Julius Caesar.

From: Sonia, Alma,
Francisca and Angie

BREADED DRUMSTICKS
BISCUIT
GARDEN SALAD
SWEET POTATO FRIES
FRUIT
MILK

CORN DOG
POTATOES
TOMATO CUP
FRUIT
MILK

FISH STICKS
POTATOES
OKRA
ROLL
FRUIT
MILK

WALKING TACO
BEANS
VEGGIE CUP
COOKIES
FRUIT
MILK

QUESADILLA
SALSA
BEANS
CUCUMBERS
ICE CREAM CUP
FRUIT
MILK

CHICKEN FAJITA
BEANS
CARROTS
SALSA
SHERBET
FRUIT
MILK

CHICKEN NUGGETS
MAC & CHEESE
CARROTS
SQUASH
FRUIT
MILK

CHEESY BREADSTICKS
BROCCOLI
MARINARA SAUCE
FRUIT
MILK

SPAGHETTI W/ MEAT
BREAD STICKS
VEGGIE CUP
GARDEN SALAD
FRUIT
MILK

MEATBALL SUB
GARDEN SALAD
GREEN BEANS
FRUIT
MILK

BREADED MOZZ STICKS
MARINARA SAUCE
GARDEN SALAD
FRUIT
MILK

BONELESS WINGS
CHIPS
CELERY STICKS
CARROTS
SHERBET
FRUIT
MILK

ASIAN BOWL
EGG ROLL
BROCCOLI
FRUIT
MILK

POPCORN CHICKEN
ROLL
CRUNCHY BROCCOLI SALAD
SNOWBALL SALAD
MILK

PHILLY CHEESE STEAK
CORN
CUCUMBERS
FRUIT
MILK

CHICKEN SPAGHETTI
ROLL
GREEN BEANS
CORN
FRUIT
MILK

PIZZA
CARROTS
GREEN BEANS
PB RICE KRISPIE TREAT
FRUIT
MILK

NO SCHOOL

BREAKFAST

MONDAY:
PANCAKE
OATMEAL

TUESDAY:
FRENCH TOAST
BACON

WEDNESDAY:
EGG
SAUSAGE
BISCUIT
GRAVY

THURSDAY:
PANCAKE WRAP
YOGURT

FRIDAY:
SAUSAGE/EGG/ CHEESE
CROISSANT

EVERYDAY OPTION:
CEREAL
JUICE
FRUIT
MILK
CHEESE STICKS
OR
GRAHAM CRACKERS

"THIS PROVIDER IS AN
EQUAL OPPORTUNITY
PROVIDER"